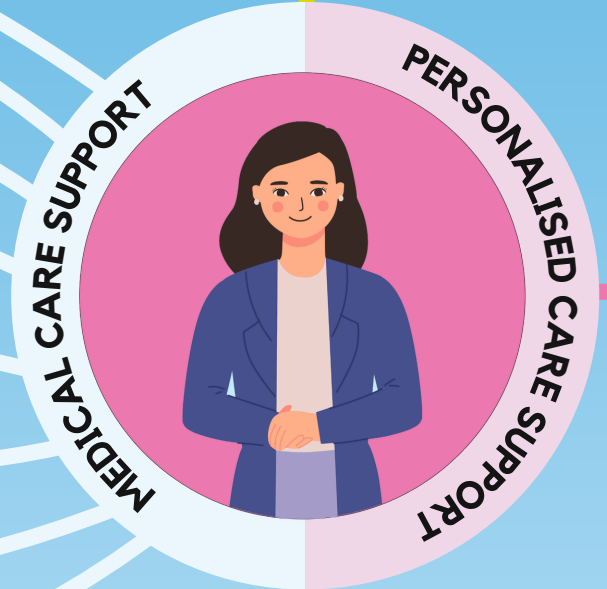


This sheet tells you about the help you might be able to get through your GP surgery.

If you cannot use the online appointment system, please contact the surgery and a receptionist will write down your needs and pass them on to a Doctor or other Health Professional.

- GP
- Practice Nurse
- Physician Assistant
- Healthcare Assistant
- Paramedic
- Clinical Pharmacists
- Mental Health Care Nurse
- Physiotherapist



- Carer Support
- Housing Information
- Counselling / Mental Health
- Befriending Support
- Financial Wellbeing
- Volunteering and Employment
- Physical Activity
- Social and Creative Activities

- Care Co-ordinator
- Social Prescriber
- Health and Wellbeing Coaches

You may be referred directly to other services, accessing care quicker, without always seeing the Doctor.

Each practice is different and may not have every practitioner at the surgery.

Information on Personalised Care Support roles can be accessed through the QR code here.

Personalised care support is offered for up to 6 sessions.

