CommUNITY Barnet 2015 - 2016



Change, I once wrote for a film called 'The Changing World', is the only permanent in our lives. I thought I was being original. But I found many greater thinkers had before me said we can never even step in the same river twice, the flow of water changing moment by moment. Who could have thought a few months back the UK would have a new Prime Minister, Chancellor, even government; or that the UK would leave the E.U. after 40 years of membership?

In the Community Sector, we are often bystanders, sometimes anguished, at the mercy of change from political self-interest, unworkable policy decisions and budget restrictions which challenge our efforts to benefit those whom we seek to help.

CommUNITY Barnet in partnership with its members and others of goodwill does whatever it can to alleviate the effects of such changes which are sometimes upheavals. It has worked for over thirty years assisting organisations who devote themselves to the benefit of those who need it most. I am confident we will continue to support the community in this way. Some things do not altogether change even in this uncertain, ever changing world.

Antony Jacobson Honorary President



A society where the passions and energy of residents, communities and organisations can come together to contribute to causes they believe in and to design creative solutions which make Barnet a better place.

mission

To inspire residents and organisations to work together and strengthen all our communities



To empower organisations to strengthen communities by delivering first class services.

This year at CommUNITY Barnet the Board of Trustees have overseen a consolidation of the excellent developments begun in 2014/15. We have taken on more contracts and found additional sources of funding. The organisation has reached a critical milestone, achieving a diverse funding base, a sign of good health for any community organisation.

Of particular note, our strength of reputation and operational results in Healthwatch have enabled us to secure another "out of borough" contract, in Newham. We have also continued to develop our traded services, enabling us to raise funds for our own chosen activities where we see a need unfulfilled by other sources.

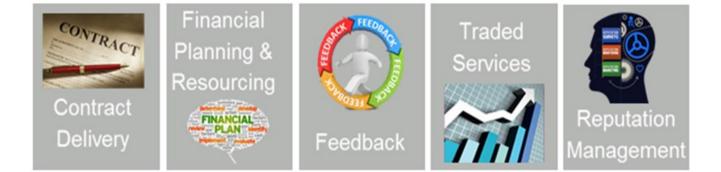
With careful management of our central costs by our excellent Senior Leadership Team, our financial position continues to strengthen, and our reserves now comfortably meet the Charities Commission's requirements.

The challenge ahead is to expand and focus the organisation to align with the ongoing development of the voluntary and community sector.

We would like to thank our outstanding group of capable and committed Trustees and other contributors that are helping us steer the best way forward.

Adam Goldstein and Tony Vardy Co-Chairs

As a consequence of the Board's decision in January 2016 to implement a new, more streamlined committee structure, the Performance Committee was created for the purpose of scrutinising delivery of CommUNITY Barnet's 2014/17 strategy, using the Strategic Operational Plan together with a revitalised Risk Register. The Committee meets quarterly and advises the Board and makes recommendations as necessary, with particular focus given to:



The Committee is also tasked with annual review of certain CommUNITY Barnet's policies. The first meeting was held on 11 April 2016 and terms of reference were subsequently confirmed by the Board on 25 April 2016.

Andrew Harper Chair of Performance Committee CommUNITY Barnet has continued to grow whist providing capacity building, consortia and partnership development to the residents in Barnet, Brent and more recently Newham. This year saw us consolidating the work we have been delivering and forging new opportunities both for voluntary organisations with whom we are currently working or are looking to work with in the future and for CommUNITY Barnet.

A key focus for us this year has been building organisational resilience and sustainability. Global Enterprise Week was celebrated in partnership with Middlesex University hosting a series of well attended lectures and workshops. In March we held a very successful Funding Master Class and Funder's Fair, and Barnet Giving continues to gather momentum.

This year we have been honoured to receive a number of awards, Healthwatch Barnet received the Public Services Excellence in Innovation Award from the Parliamentary Under Secretary of State for Public Health, Civic Awards were awarded to Melvyn Gamp, an Enter and View volunteer and also to our Volunteer Centre Team, further testimony of the value our volunteers make to strengthening CommUNITY Barnet. The Young People and Families team won a highly contested Early Intervention Award from Children & Young People Now for our Barnet Parenting Plus programme, a huge credit to all our teams.

Success is ultimately dependent on enormous amounts of hard work and a continued sense of optimism. I believe that CommUNITY Barnet through its trustees, volunteers, staff and partners have these components.

Julie Pal Chief Executive Officer

Strengthening Families Strengthening Communities (SFSC) programmes were delivered by the Barnet Parenting Consortium.



Our programmes have always attracted mothers and female carers, 98% in 2015/16. We were delighted when fathers expressed interest in attending the programme. To persuade commissioners we undertook some research to better understand both the need and interest. Our results are captured below:

85.6% PROFESSIONALS Would refer to this programme Respondents Confirm the need 2% up on Target

Essential to the success of delivery was that programmes should have at least one male facilitator and the most suitable time for service users would be the evenings. As a result of these findings we are piloting a fathers' programme in 2016/17. In addition we have been commissioned to deliver a programme to Tamil families. Service users have used this programme as a stepping stone to build community links as well as pursue interests. These include:

- · Social media community using Viber
- · ESOL classes at their children's centre
- · Returning to medical profession by volunteering at the Royal Free

'I really improved with 'I think all the skills were 'I try to understand the controlling my anger. I useful and if you consider reason behind my talked about it with my them as a key that can be children's behaviour and husband and practise used to achieve goals make sure together and try to then you find they are so they are convinced of my improve.' useful.' instructions.' We were delighted to receive The Early Children $\mathcal{E}\mathcal{J}$ Intervention Award from Children & Young People

Now for our Barnet Parenting Plus programme.

Young People Now Awards **2015**

Winner

Using the 'Solihull Approach to understanding

your child programme' the scheme achieved significant results and saw children taken off child protection plans with at least one young person returning home from foster care. Demonstrating that by giving the right support at the right time children and young people can be prevented from entering the care system and parents can gain confidence in their parenting skills.

The Common Assessment Framework (CAF) is a shared assessment and planning framework for use across all children's services and all local areas in England. It aims to help the early identification of children's additional needs and promote co-ordinated service provision to meet them.

The CAF is a standardised approach to conducting an assessment of a child's additional needs and deciding how those needs should be met. **Our CAF** awareness training continues to go from strength to strength. Our Family Services Officer has had a busy and interesting year offering guidance and support on the benefits of the process and informing and encouraging the Voluntary Sector to use the MASH** as their first port of call for any safeguarding queries or concerns. It's great to see the results pay off.





Our programme of **Safeguarding Children Training** courses continues to increase the sector's awareness and understanding of safeguarding, equipping them with the essential information to spot potential signs of abuse. This has increased confidence throughout the workforce and has equipped staff with knowledge in how to report concerns.







*LADO (Local Authority Designated Officer) **MASH (Multi-Agency Safeguarding Hub) **Youth Shield** is part of Barnet's Young People's Safeguarding Board. Facilitated by CommUNITY Barnet and resourced by Barnet Safeguarding Board, Youth Shield aims to ensure the voice of young people is heard directly by introducing the child's voice right into the heart of the Board's business.



Healthwatch Barnet Youth designed and sent out questionnaires for teachers on supporting young people with their mental health.

A focus group was held with young people to find out their opinions on how young people access health services, challenges and what improvements they want to see.

Further focus groups are planned for 2016/17 and a final report of all the research will be produced.



Healthy Relationships Training April 2015 to April 2016 Youth Shield delivered Healthy Relationships Training in schools, youth groups and a hospital school within the borough of Barnet.

The sessions aim to help young people aged 14-18 to identify healthy and abusive relationships, early warning signs of controlling behaviour and where to go for help.

16 workshops - 205 young people



It has been an extremely busy year for our **Gypsy Roma Traveller Project**, we have provided support and information to families through our informal drop in coffee mornings which continue to grow and expand.



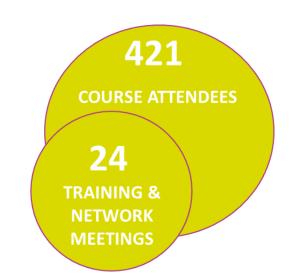
Our coffee mornings are fun and varied. In the run up to the festive season, we held wreath making classes and worked with our local foodbank to ensure those families most in need received a Christmas food hamper.

It's another great year for our Gypsy Roma Traveller Parent Support Project as we grow and adapt to the needs of the community. Our annual Strengthening Families Strengthening Communities parenting course saw four parents graduate with one parent going on to volunteer at our third SFSC parenting course to support others through the programme.



We also ran a well-attended training course developed and delivered from first-hand experience, where attendees learnt about Gypsy Roma Traveller culture, lifestyles and values. It raised awareness and developed strategies to increase engagement with this community and improve outcomes for children, families, and vulnerable people. Our **Youth Development** Manager continues to build organisational development and resilience within the sector. Playing a key role in the planning and delivery of a Social Enterprise conference and a much acclaimed Funders' Fair and preparing a number of the participants to deliver project pitches to local, regional and national charities.





Working with award winning CommUNITY Barnet youth team to:

Launch the Young People and Families Network

Deliver CAF support programmes

Develop work programme opportunities for Gypsy Roma Traveller Communities

Represent the sector at the Children's Partnership Board, Children's Safeguarding Board and the Early Intervention and Prevention programme

Supported development of the Barnet and Young People's Plan.

Target

23

Outcome

5 entrepreneurs to attend one day training course

Social entrepreneurs will understand the services available to them and how to use them

7 organisations were able to identify their needs, access support and have a strategy for moving forward

Social Entrepreneurs and their organisations will become part of CB, BEC and SSE, local, nationals and international networks 7 social entrepreneurs; 16 school children & 1 teacher understand the services CommUNITY Barnet offer to social enterprises

4 entrepreneurs have a clear understanding of their training needs and a strategy to move forward AND 7 entrepreneurs have a clear understanding of the training needs of their organisations

1 organisation became a member of SEUK 1 organisation participated in a SSE course and has applied for long term training. Both organisations have adopted regional and national perspectives **Social Enterprise Support Package** for local charities interested in setting up a trading arm or social enterprise.

Funded through Hammersons Small Grants Fund, CommUNITY Barnet's Youth Development Manager and our Head of Strategic Development piloted a social enterprise support programme for organisations who use innovation to cultivate sustainable growth.

We researched quality assurance frameworks, identified the core requirements and married them with the core issues experienced by the groups to create a framework for support.

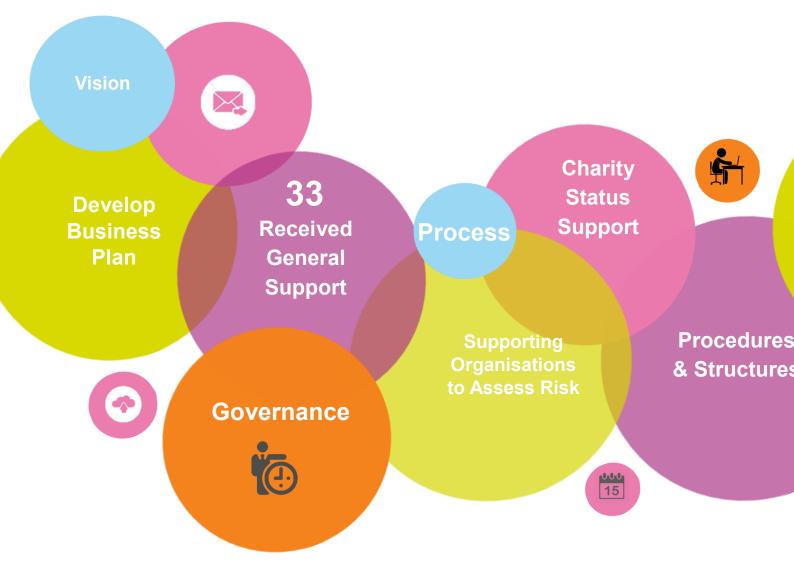
Keen to showcase local enterprises Barnet Enterprise Centre is providing business information and guidance to pre start up, start up and established businesses via training workshops and seminars.

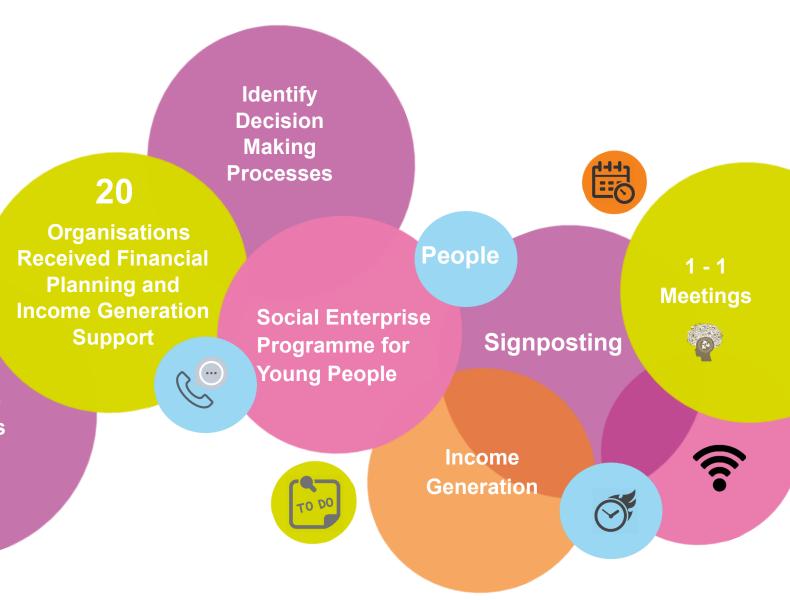
6e Consulting Ltd provided strategic and practical skills and awareness in a range of support techniques including coaching and development (personal and professional); mentoring; auditing and business case preparation.

Finally, we developed a partnership with the School for Social Entrepreneurs (SSE) who empower people from all backgrounds to create positive social change. SSE have developed a series of innovative courses which are jargon free and 'based on the real world experiences,' of their entrepreneurial graduates.

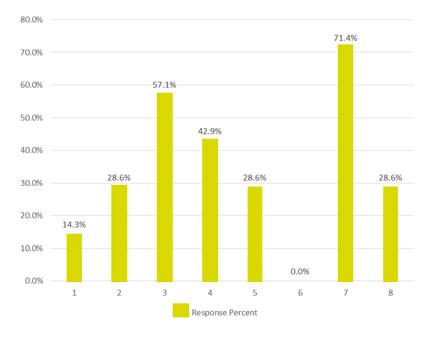
We plan to repeat the programme and will include additional support to increase digital capability, develop a coaching/support programme to develop business acumen and set up action learning sets for peer-to-peer learning.

Delivering personable high quality **Organisational Development** services continues to be a priority for us and is well received by recipients of the service.





Organisations have identified finance to be the source of most concern. We will use this information to develop our next Funders' Fair, which will target organisations that work with children and young people in Barnet. This will include social enterprises.



What action was taken as a result of Organisational Development?

- 1. We learnt from our mistakes and moved to the next steps
- 2. We learnt or developed new skills
- 3. We worked more efficiently
- 4. We learnt and implemented good practice
- 5. We strengthened our organisation
- 6. We increased our income
- 7. We were more informed about opportunities and activities
- 8. Other

87% of organisations report that, as a direct result of receiving the Organisational Development service, they took further action either to develop their organisation or to improve their service.

From an idea in conversation after a meeting, and now looking forward to awarding our first grants, **Barnet Giving** has developed apace.

In the last year, we have established an Advisory Panel of local experts, launched Bake for Barnet and confirmed our partnership with London Community Foundation.

Barnet Giving is led by two local Barnet charities, CommUNITY Barnet and Inclusion Barnet. Its mission is to bring together local people, businesses, organisations and stakeholders to raise funds and help make Barnet a better place to live and work for everyone, including the most vulnerable.

We are raising funds through Bake for Barnet, through local donations and links with local companies to create a grant fund for local charities and community organisations.

In our first year, we will focus on projects that develop the following priorities:

- Community Links, making good use of our green and urban spaces, increasing community contact and developing safe and harmonious places to live.
- Resilience and Independence, helping people gain skills and to live independently.

Barnet is lucky to have a range of local communities which enables us to try and enjoy food from many different cultures! It was natural that our first community fund-raising project would involve food and cooking through bake for Barnet.

Thanks to funding from City Bridge Trust, Seedbed and Barnet Council we were able to employ our first member of staff part-time, Ken Gibson.

We are very grateful to these funders for understanding our vision and supporting our new initiative

For more information on Barnet Giving visit the website: www.barnetgiving.org.uk



Did you know we have a CommUNITY Barnet Blog? It is where you will find our news along with staff interviews, volunteer experiences and information on awareness days and events.

It is where we explore topics and issues at the heart of our work.



Check our website for links

www.communitybarnet.org.uk

Those who can, do. Those who can do more, volunteer.

~Author Unknown

VOLUNTEER CENTRE IS RUN BY VOLUNTEERS FOR VOLUNTEERS

VOLUNTEER CENTRE RECEIVED A CITIZEN'S AWARD BY LORD MAYOR OF BARNET

296 VOLUNTEER REGISTRATIONS THIS YEAR

4 ORGANISATIONS REGISTERED VOLUNTEER OPPORTUNITIES

Do you have a volunteer opportunity that you want filled? Talk to us

Do you want to volunteer? Check our website for more information



As part of CommUNITY Barnet's commitment to supporting community organisations we have been working with local groups to increase their chances of garnering funding in an increasingly difficult financial climate. Our Funders' Fair offered the opportunity for organisations participating in our pre-funding workshops to develop their ideas and present them to funders.

CommUNITY Barnet would like to thank the following funders for supporting our Funders' Fair:

The Hendonian Charitable Trust The Jesus Hospital Charity



ELEANOR PALMER TRUST



We asked you for some feedback on the New Year New Funding Course and this is what you said:



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This summary Statement of Financial Activities and Balance Sheet is an extract from the audited accounts on which the auditor's opinion was unqualified. The trustees approved the full report and accounts on 12 November 2016.

These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, please consult the full accounts, the auditor's report and the Directors' and Trustees' Report.

Copies of these are downloadable from our website or available from the Chief Executive at CommUNITY Barnet.

Signed on behalf of the Directors and Trustees.

Treasurer: Chris Cormie 12 November 2016

Auditor's Report

In our opinion the information given in the Trustees' Annual report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Anthony Joseph & Co Limited Chartered Certified Accountants & Registered Auditors Business & Technology Centre Stevenage SG1 2DX

	Unrestricted funds	Restricted funds	Total funds to 31 March 2016	Total funds Year to 31 March 2015
	£	£	£	£
Charitable and Investment income	97,210	536,870	634,080	664,261
Charitable activities and governance costs	(20,728)	(522,722)	(543,500)	(676,373)
Net (Outgoing) /incoming resources before transfers	76,482	14,098	90,580	(12,112)
Transfer between funds	-	-	-	-
Net (expenditure) /income for year	76,482	14,098	90,580	(12,112)
Reconciliation of funds (total funds brought forward)	26,345	102,107	128,452	140,564
Total Funds carried forward	102,827	116,205	219,032	128,452

The Finance Team have had a very busy year providing project support across the organisation and supporting the wider sector with financial training, bookkeeping support and Independent Examinations (IE).

The demand for IE continues to grow and the team has enjoyed meeting new clients and assisting them in keeping their finances under control.

> "We approached Community Barnet because as a small charity organisation we needed a scalable accounting service. They are easy to contact, helpful and reliable.

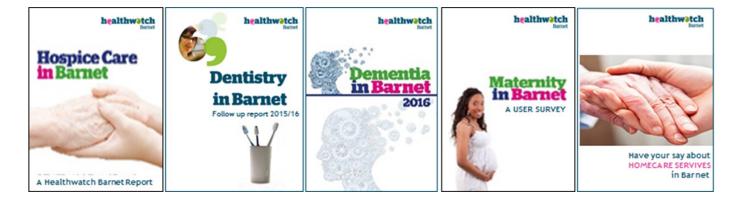
> Apart from useful, scalable accounting services, CommUNITY Barnet provides excellent advice and support service.

I would recommend CommUNITY Barnet to any organisation that needs a comprehensive accounting service."

Barnet Lone Parent Centre







As we came towards the final year of our contract to deliver Healthwatch Barnet, we were delighted to be offered the chance to continue our work for another two years. In line with many other services, our funding has been reduced, but this has been compensated for by the removal of our responsibility for the help and information line which is now being delivered via other Borough services. We are still always glad to hear from residents and you can continue to ask us questions via telephone, email or normal post.

The hard work of our staff, volunteers and partners has enabled the organisation to deliver a large workplan which has been both interesting and varied. We have engaged with the residents of Barnet throughout the year and have been increasingly active at places where healthcare is being delivered such as GP surgeries and hospital wards. Our relationship with Barnet CCG and the Borough as well as other healthcare providers in Barnet continues to improve as we act both as an enabler and a critical friend. We worked with the CCG to deliver some engagement activity around it's commissioning intentions for the year and have been very involved in the Borough's Partnership Boards. We do, of course, retain our independence. Our job is to amplify the voices of Barnet residents and we work hard to do this.



When CommUNITY Barnet was awarded the contract to deliver the local Healthwatch contract we welcomed the chance to be working with residents and services in our neighbouring borough. Over the past 9 months we have concentrated on:

- Bringing together the dispersed local team into a single Brent office with a newly defined Head of Service
- Establishing the Brent Advisory Board
- Creating the Promotion and Reach Group
- Designing a new work programme
- Refreshing our Enter and View Programme
- Recruiting more volunteers
- Promoting Healthwatch Brent to Brent residents
- Setting up a Community Chest
- Delivering the views and experiences of Brent residents of health and social care services through the single voice of Healthwatch Brent on the Health and Wellbeing Board and the CCG Governing Body.

in numbers 11 Community Partners 21,617 People 3,900 Website 3,900 Website Visits 714 Gathered 7,591 Website visits through partners

healthwatch

Healthwatch Newham and the NHS Complaints Advocacy Service in Newham are the latest additions to our growing health portfolio of contracts. We are delighted to be working with the London Borough of Newham and Newham CCG to deliver the service there and look forward to reporting it in next year's annual report.

The following organisations are hosted by CommUNITY Barnet

Barnet Boroughwatch saw significant activity over the last year with an upsurge of joining requests. This translated to 34 new neighbourhood watch groups being formed. Each one of these was attended by us as part of the start-up process.

Four public meetings were held by BBW across the borough focusing on crime prevention under the auspices of the Safer Neighbourhood Board. Communications also played a key role with 153 warning and information broadcasts made to NHW members. WhatsApp and Facebook continue to play a significant part in inter-watch communications. Email: paul.hammong@communitybarnet.org.uk

Active Volunteering Barnet is a project from Volunteering Matters, which empowers adults resident in Barnet who have a learning disability, sensory impairment, physical disability or long term physical or mental health condition, to engage in volunteering roles tailored to their skills, interests, access requirements, and goals for the future.

Phone: 07506 845 985 or 020 8364 8400 extension 247. Email: liz.white@volunteeringmatters.org.uk

Grange Big Local - The Grange Estate and neighbouring areas in East Finchley, have been awarded a lottery grant of £1 million through Local Trust's Big Local initiative. This is an exciting and unique opportunity for residents of N2 to make a massive and lasting positive difference to our communities and make an even better neighbourhood! Email: info@grangebiglocal.org

Barnet Safer Neighbourhood Board aims to establish local policing and crime priorities, monitor police performance and confidence, and fulfil a range of important specific functions. It holds public meetings to discuss all aspects of policing within the borough and acts as an umbrella body for the ward panels.

Email: BarnetSNB@gmail.com



CommUNITY Barnet's trustees continue to inspire, challenge and empower us all. Thanks to our funders and sponsors for continuing to fund us and of course to all our members, well wishers and critical friends who continue to inspire and challenge us to demonstrate our impact and whether we have made a difference to Barnet residents.

The Board and CEO would like to thank:

all the staff for their excellent work and commitment to CommUNITY Barnet and

all our partners through a year of change and in contributing to vibrant and crucial services.

and all our volunteers for their outstanding contribution, without which we could not deliver our services.



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